



Gluten Free Menu

Mixed nuts (V) £1.95
Selection of olives (V) £2.95

Starters

Tuna nicoise salad; (tuna, egg, potato, green beans, anchovies, olives & dressing) £6.25

Mussels in a creamy white wine & garlic sauce served with warm gf bread £6.95

British spring asparagus & fried egg served with hollandaise sauce (V) £6.25

Creamy garlic mushrooms on toasted gf roll. (V) £5.95

Grilled halloumi and spinach summer salad (asparagus, peas, cashew nut, sunflower & pumpkin seeds) (V) £6.25

Mains

8oz Rump Steak, served with hand cut rustic chips, grilled tomato, rocket leaf and peppercorn sauce £14.95

10oz Sirloin Steak served with hand cut rustic chips, grilled tomato, rocket leaf and peppercorn sauce £19.95

Creamy chicken, mushroom & leek risotto £10.95
Can be served without chicken for vegetarian (V) £9.95

BBQ Pulled pork & melted cheese served with hand cut rustic chips and pickled slaw £12.95

Hand pressed 6oz beef burger with cheese, in a toasted gf bun, served with caramelised chutney, hand cut rustic chips and pickled slaw £9.95

Cod loin wrapped in prosciutto ham, served with sliced new potatoes, spring asparagus, roasted vine tomatoes and white wine and dill sauce £14.95

Tuna nicoise salad; (tuna, egg, potato, green beans, anchovies, olives & dressing) £9.95

Tuscan Roasted vegetable, chilli & tomato GF pasta, served with dressed side salad (V) £10.95

Grilled halloumi and spinach summer salad (asparagus, peas, cashew nut & sunflower & pumpkin seeds) (V) £9.95

Please be aware some dishes accompaniments may change due to supplies availability.
For any **Food Allergies and or Intolerances**, please inform a member of staff whom will be more than happy to go through the ingredients on our menu, (V) indicates vegetarian.



Gluten free Pizzas

All our pizzas are stoned baked in a specialty pizza oven. Your gluten free pizza will be made with a gluten free pizza base and topped with our Italian families' secret tomato sauce.

Margarita (V) £9.95

Tomato and mozzarella cheese

Capricciosa £11.95

Tomato, mozzarella cheese, artichokes, prosciutto ham, mushrooms and olives

Prosciutto e funghi £10.95

Tomato, mozzarella cheese, prosciutto ham and mushrooms

Calzone £11.95

Tomato, mozzarella cheese, prosciutto ham & mushrooms, folded over and oven baked

Florentine (V) £10.95

Tomato, mozzarella cheese, asparagus egg and spinach

Gorgonzola (V) £10.95

Tomato, mozzarella cheese, pear, gorgonzola and walnuts

Vegetarian (V) £10.95

Tomato, mozzarella cheese, red onion, mushrooms, courgettes and peppers

BBQ Chicken £12.95

BBQ based, with mozzarella cheese, bbq chicken, jalapenos, red onion and peppers

(Additional toppings are £1.00; any left overs are boxed up for free)

(*the price of our gluten free pizza is priced at only £1 more than our normal pizza menu, but this is due to the special gluten free flour for our bases.)

Sides

£2.95 each

Hand cut Rustic chips, Caramelised red cabbage, Pan fried Mushrooms
Buttered green beans, Honey glazed carrots, House dressed salad selection of Vegetables.

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Desserts

'Long Eaton' Mess with fresh berries, Chantilly cream and meringue (V) £5.95

Smores; Nutella, marshmallows, peanut butter caramel and vanilla ice cream £6.95
(can be made V, without the marshmallows)

Elderflower & gin panna cotta, with fresh fruit £5.95

Salted caramel chocolate pot (served cold) and ice cream (V) £5.95

Selection of ice creams served with fresh fruit (3 scoops of our selection of ice creams) (V) £4.25

Hot Drinks

Coffee £2.20

English breakfast Tea or selection of fruit teas £2.20

Cappuccino, Caffe latte or Floater coffee £2.50

Hot Chocolate £2.50

Espresso £1.80 or Espresso macchiato £1.90

Liqueur coffee £5.75 (please just ask for your favourite liqueur)

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